

# SPEECH AND LANGUAGE SUPPORT

FROM BIRTH TO AGE 5

## Family Centre support

### Groups for Babies & Toddlers

- For all ages and stages

### Explore, Play & Learn: (child under 24 months)

- 1-2-1 support from an Early Years Prevention worker
- For families worried about their child's speech and language
- As confidence builds, families are supported to join a Family Centre group

### Everyone welcome

[www.sheffield.gov.uk/familycentres](http://www.sheffield.gov.uk/familycentres)

0114 273 5665

### Parenting programmes

Help parents develop their child's speech and language through parenting techniques:

- Incredible baby: 10 weeks - enrol before baby is 6 months
- Incredible toddler: 12 weeks - enrol when baby is 10 months+

Parents can book onto parenting programmes. Professionals can also refer.

[www.sheffield.gov.uk/parenting](http://www.sheffield.gov.uk/parenting)

0114 205 7243



## Speech and Language Therapy Advice Service

### Family Telephone Advice

(during Covid-19)

Mondays 9:30am-12:00pm

07825 801 936

Advice about children up to 5 years old.



## IF YOU ARE WORRIED ABOUT A CHILD'S SPEECH AND LANGUAGE:

### Health Visitors and GPs:

- If a baby has a low score (but a grey area) for speech and language development in 8 to 12 month assessment, complete Part 1 of the Early Help form to request support for the family. This could include support in speech and language from a family centre
- Refer children to Speech and Language Therapy service (SALT) in the usual way

### Early Years Professionals:

- Refer children to the SALT in the usual way
- If you think the family would benefit from other support, including how to encourage their child's development more generally, complete Part 1 of the Early Help form and send to [sheffieldfamilycentres@sheffield.gov.uk](mailto:sheffieldfamilycentres@sheffield.gov.uk) - a plan of support will be agreed

### Parents and carers: Contact your:

- Local family centre
- Health Visitor
- Speech and Language family advice line- telephone advice due to Covid-19 measures. Regular drop-in sessions are usually held at family centres

## Talking Toddlers - run by Speech and Language Therapy Service (by referral only)

- 12 week programme
- Run by Speech and Language therapists

Child must be two during programme - refer from about 21 months.

## Referral to the Speech and Language Therapy Service

- Your child will have a 30 minute appointment to assess if/what support will be given
- Support could be at a group, at nursery or 1-2-1 sessions depending on their needs

Free "Play and Say Training" for: Childminders & Early Years Providers, delivered in settings and in Family Centres.

Training delivered virtually during Covid-19.

Contact: [EarlyYearsBusinessSupport@sheffield.gov.uk](mailto:EarlyYearsBusinessSupport@sheffield.gov.uk).

For more information please contact your local family centre [sheffieldfamilycentres@sheffield.gov.uk](mailto:sheffieldfamilycentres@sheffield.gov.uk) | Tel: 0114 273 5665