



















# Sacred Heart, A Catholic Voluntary Academy

## Spring / Summer Menu Week 1

13<sup>th</sup> Apr, 4<sup>th</sup> May, 25<sup>th</sup> May, 15<sup>th</sup> Jun, 6<sup>th</sup> Jul, 7<sup>th</sup> Sept, 28<sup>th</sup> Sept, 19<sup>th</sup> Oct 2026



WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
<b>Main Meal Option</b>	Sausage in a Roll with Potato Wedges	Mild Beef & Bean Chilli & Yellow Rice 	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Margherita Pizza with Pasta Salad 	Fish Fingers & Chips 
<b>Vegetarian Meal Option</b>	Vegetable Sausage in a Roll with Potato Wedges <sup>VG</sup> 	Macaroni Cheese with Vegetables or Salad	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Pitta Bread Filled with Plant-based Meatballs in an Arrabbiata Sauce with Vegetable Sticks <sup>VG</sup> 	Cheese & Onion Roll with Chips
<b>Vegetables</b>	Coleslaw & Garden Peas 	Vegetable Sticks or Sweetcorn 	Seasonal Greens & Carrots 	Broccoli, Carrots & Cauliflower or Mixed Salad 	Garden Peas, Baked Beans 
<b>Sandwiches</b>	Cheese or Ham	Cheese or Tuna	Cheese or Hot Roast Baguette	Cheese or Ham	Cheese or Fish Finger Wrap
<b>Baked Jacket Potatoes</b>	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo, Cheese or Salmon Mayo 
<b>Dessert</b>	Chocolate Fudge Cake	Shortbread & Watermelon Slice 	Strawberry Jelly <sup>VG</sup>	Vanilla or Chocolate Ice Cream 	Fruit Slices & Vanilla Cookie <sup>VG</sup>

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

























England's target for 'free sugar' intake for your child  
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.  
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

# Sacred Heart, A Catholic Voluntary Academy

## Spring / Summer Menu Week 2

30<sup>th</sup> Mar, 20<sup>th</sup> Apr, 11<sup>th</sup> May, 1<sup>st</sup> Jun, 22<sup>nd</sup> Jun, 13<sup>th</sup> Jul, 14<sup>th</sup> Sept, 5<sup>th</sup> Oct, 26<sup>th</sup> Oct 2026



WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
<b>Main Meal Option</b>	Sausage & Mash with Gravy	Beef Chilli with Rice 	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Margherita Pizza with Tomato Pasta 	Battered Pollock & Chips 
<b>Vegetarian Meal Option</b>	Veggie Sausage & Mash with Gravy <sup>VG</sup> 	Macaroni Cheese with Vegetables or Salad	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes 	Cheese & Spring Onion Loaded Potato Skins	Vegetable Fingers & Chips
<b>Vegetables</b>	Broccoli, Sweetcorn & Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens & Carrots 	Garden Peas & Sliced Carrots 	Garden Peas & Baked Beans 
<b>Sandwiches</b>	Cheese or Ham	Cheese or Tuna	Cheese or Hot Roast Baguette	Cheese or Ham	Cheese or Fish Finger Wrap
<b>Baked Jacket Potatoes</b>	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 
<b>Dessert</b>	Shortbread	Strawberry Jelly & Fruit Slices <sup>VG</sup> 	Blueberry Cake & Custard	Chocolate Mousse	Fruit Slices & Flapjack <sup>VG</sup> 

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt



























England's target for 'free sugar' intake for your child  
 Recommended fruit and vegetable portion sizes are calculated using School Food Standards.  
 On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

## Spring / Summer Menu Week 3

6<sup>th</sup> Apr, 27<sup>th</sup> Apr, 18<sup>th</sup> May, 8<sup>th</sup> Jun, 29<sup>th</sup> Jun, 20<sup>th</sup> Jul, 31<sup>st</sup> Aug, 21<sup>st</sup> Sept, 12<sup>th</sup> Oct 2026



WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
<b>Main Meal Option</b>	Burger with Potato Wedges 	Mild Chicken Curry with Yellow Rice 	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Margherita Pizza with Pasta Salad 	Fish Fingers & Chips 
<b>Vegetarian Meal Option</b>	Vegetable Burger with Potato Wedges 	Macaroni Cheese with Vegetables or Salad	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Pasta and Cauliflower Cheese Bake 	Vegetable Fingers & Chips <sup>VG</sup>
<b>Vegetables</b>	Sweetcorn & Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens, Carrots & Salad 	Broccoli, Sweetcorn & Coleslaw 	Garden Peas & Baked Beans 
<b>Sandwiches</b>	Cheese or Ham	Cheese or Tuna	Cheese or Hot Roast Baguette	Cheese or Ham	Cheese or Fish Finger Wrap
<b>Baked Jacket Potatoes</b>	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Tuna Mayo or Cheese 
<b>Dessert</b>	Chocolate Cookie <sup>VG</sup>	Jam Shortbread & Fruit Slices 	Strawberry Jelly <sup>VG</sup>	Chocolate & Apple Cake 	Iced Sponge Cake

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt








England's target for 'free sugar' intake for your child  
 Recommended fruit and vegetable portion sizes are calculated using School Food Standards.  
 On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.