

Monday 18<sup>th</sup> May 2026

Dear Parents / Carers,

All schools have a responsibility to identify young carers amongst their pupils. A young carer is a child who helps to look after a relative with a disability, illness, mental health condition, or drug or alcohol problem.

As many as 1 in 5 children are estimated to be young carers. It is likely that we have children in our school who are young carers and it is important that they get the support they need.

If you would like to talk to someone about young carers in your family, please speak to Ms. Tuplin, Mrs. Jessop or Mrs. Connolly in confidence.

We will also be talking to the children about young carers in an upcoming assembly.

If you would like to find out more information about young carers, the following websites are useful:

<https://www.nhs.uk/social-care-and-support/support-and-benefits-for-carers/being-a-young-carer-your-rights/>

<https://www.childrensociety.org.uk/what-we-do/our-work/supporting-young-carers>

<https://carers.org/about-caring/about-young-carers>

Kind regards,

Ms. L Tuplin  
Headteacher